

## Quality of Life in Carson City

#### Advisory Board on Outdoor Recreation

March 26, 2025

Lyndsey Boyer, Open Space Manager Gregg Berggren, Trails Coordinator



### Parks, Recreation & Open Space Department



#### **Our Mission:**

To provide exceptional parks, open space, and diverse recreational opportunities to enhance the quality of life in Carson City while preserving our natural resources for future generations.

#### **Our Vision:**

The Department of Parks, Recreation, and Open Space will be a trusted, community partner providing essential recreational services for community residents of all ages and abilities today and for generations to come.



#### Strategic Planning in Carson City A history...

- 1994 Carson River corridor vision planning
- 1995 Eagle Valley Trail Plan
- 1996 Passage of Q18, Quality of Life Initiative
- 1996 Carson River Master Plan
  - 1994 2013: Carson River Advisory Committee
- 2000 Open Space Master Plan
- 2000 1<sup>st</sup> Open Space acquisition (Moffat Open Space)
- 2006 Unified Pathways Master Plan
- 2008 Silver Saddle Ranch and the Carson River: A Community Design Charrette
- 2009 Omnibus Public Lands Management Act
- 2015 Federal land transfer executed
- 2017 Eagle Valley Trail Committee Report
- 2018 Unified Pathways Master Plan updated
- 2023 Prison Hill Master Plan
- 2026 Carson River Master Plan Amendment







#### Quality of Life Initiative "Question 18"

- Passed by Carson City voters in 1996
- Increased sales tax by ¼ of 1%
- Provides dedicated funding to acquire/maintain open space and develop/maintain certain parks and recreation facilities.
  - 40% open space
  - 40% parks capital
  - 20% park maintenance

#### Question 18, Quality of Life Initiative





Unique program – no other county in Nevada has been able to pass the same type of initiative!

• Douglas County and Washoe County have both tried, and they have not been passed.





#### Open Space

#### noun

1. undeveloped land having significant natural resources important to the quality of life in our community.



#### \$71,578,592

Total tax and interest Revenue



**2,200 acres** acquired w/ Q18, 8,000+ acres total

#### 13,000 visitors/year Rifle and Pistol Range



#### \$14,229,270 Grant funds leveraged



**30 years** of Quality of Life

**12,000 visitors/year** Robert "Bob" Crowell Multi-Purpose Athletic Center \$1,758,000



90+ miles of Trails

140,000 visitors/year Aquatic Facility



Using this Quality-of-Life funding, Carson City has been able to purchase and preserve over 7,000 acres of undeveloped natural areas and open space, while maintaining 1,000 acres of parks and playgrounds for all residents and visitors of Carson City to enjoy.



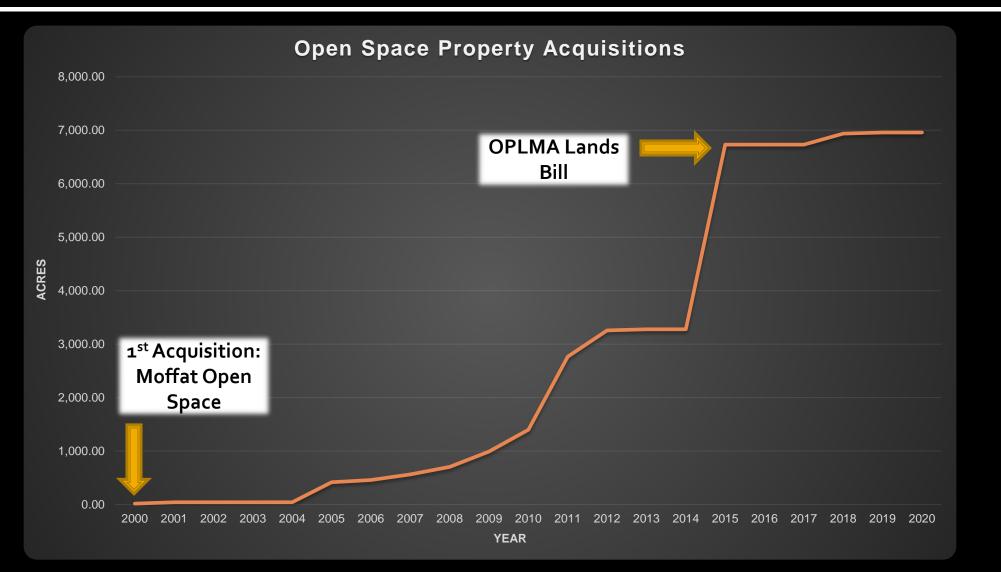




- Land has been preserved through a few mechanisms:
  - Fee title acquisition
    - Q18 funds
    - Grants
      - \$14,229,270!
  - Generous donations
  - Omnibus Public Lands Management Act of 2009 (OPLMA)
  - Conservation Easements

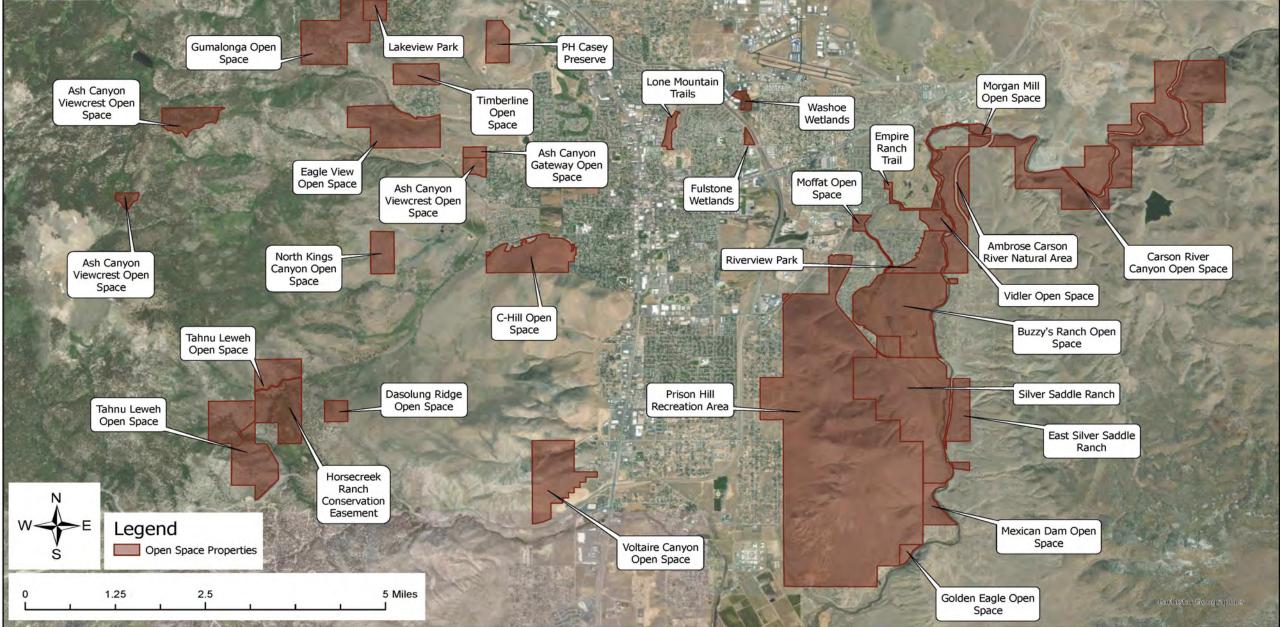






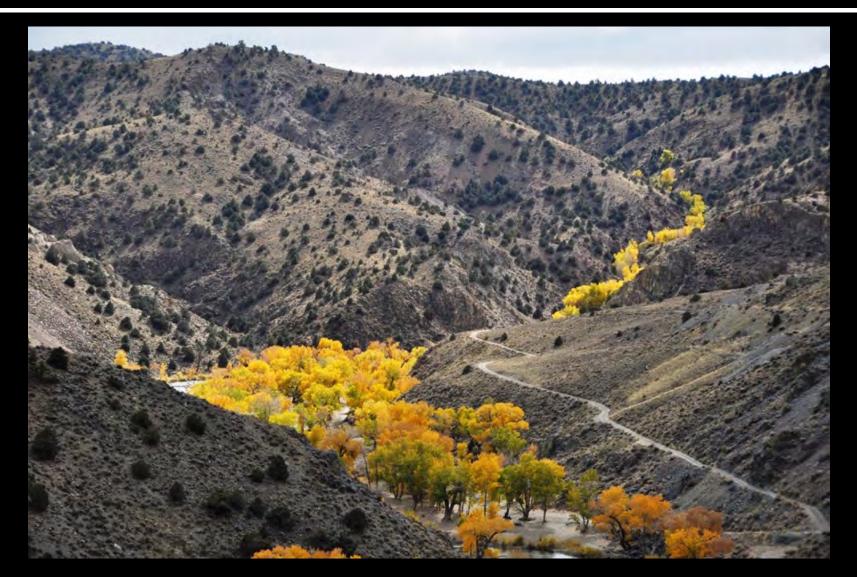
#### Carson City Open Space





# Why do we preserve Open Space lands?





#### Open Space Protects Diverse Ecosystems





### Open Space Minimizes Flood Damage





### Open Space Protects Wildlife Habitat



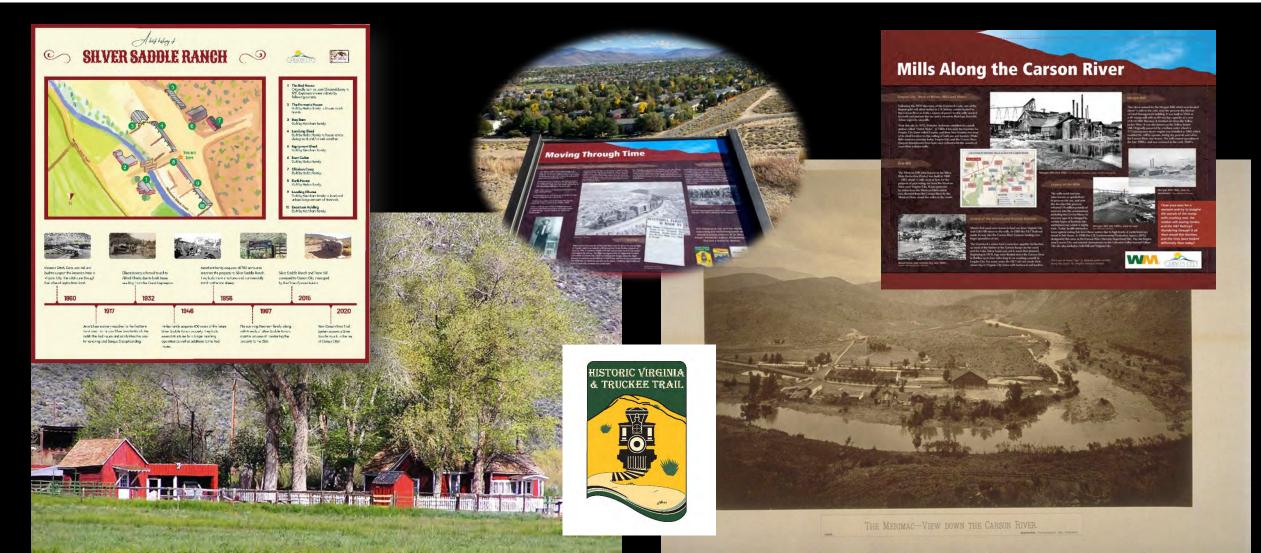


### Open Space Encourages Stewardship & Conservation





### Open Space Protects and Interprets Cultural Resources



#### Open Space Provides Opportunities for Outdoor Recreation





#### Carson City's Trails Program



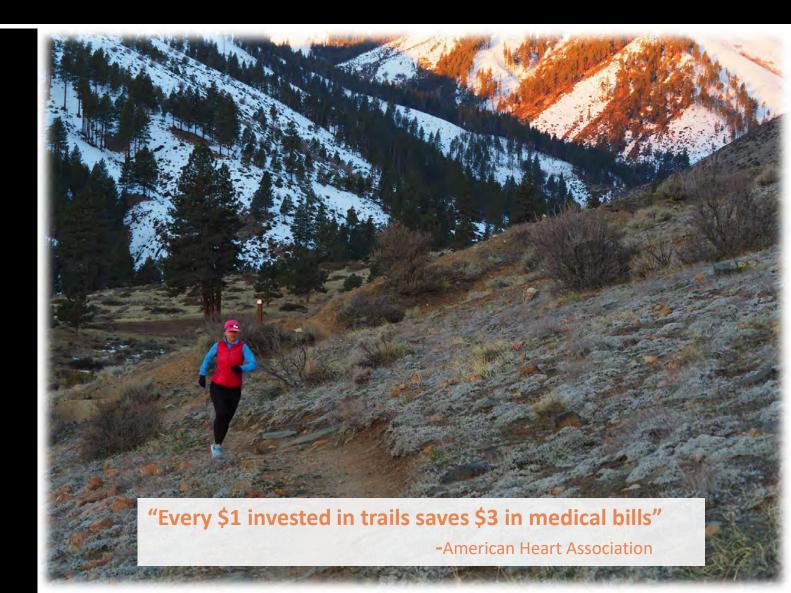
# Over 100 miles of trails... 50+ miles of singletrack trails 17+ miles of doubletrack trails 27+ miles of urban paved trails 25+ miles of motorized trails 14-mile aquatic trail

### Why Does Carson City Build Trails?



Communities with trails are healthier...

Physically Emotionally Economically



### Trails Foster Emotional, Spiritual and Social Health

Spending time outdoors reduces stress, lowers blood pressure, increases creativity, combats depression, and promotes healing.



#### TRAIL YOGA HIKE

MAY 11, 9:00AM-11:30AM

Join us for meditative time in nature!

For this free, moderately difficult, one-mile hike, make sure to bring water, sturdy shoes, and a yoga mat. At the top, enjoy the view while a Community Yogi leads beginner yoga!

Meet us at the Dead Truck Canyon Trail head at Silver Saddle Ranch (2648 Carson River Road).

Please register at www.carson.org/ccp





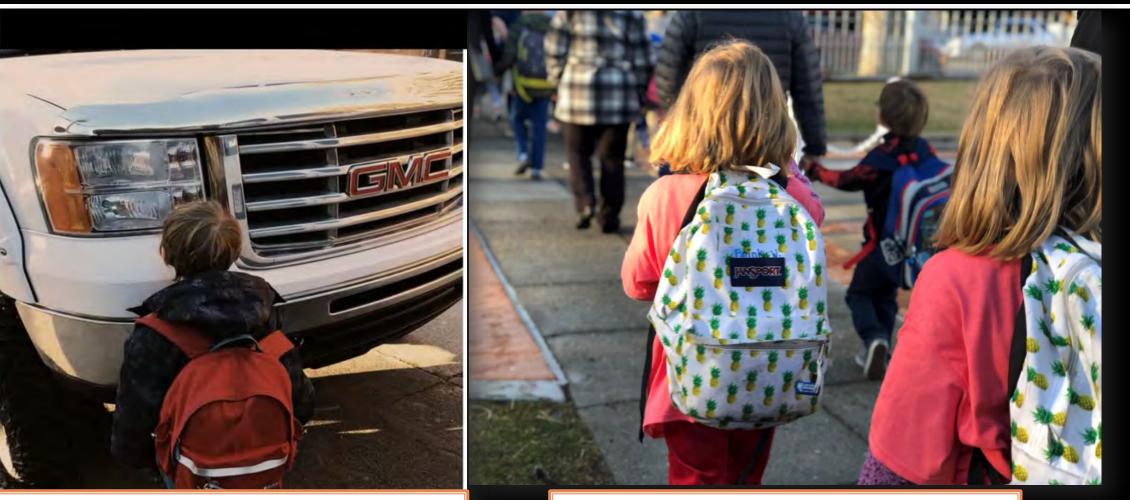
### Trails Break Down Barriers and Connect People



"Loneliness and trails are inversely related" -Psychology Today

### Trails Contribute to a Safer Community



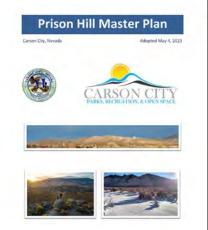


In the street a child is invisible from every angle.

Trails remove pedestrians and bicycles from dangerous vehicular traffic.

### Trails as Resilient Infrastructure





Oversized culver

Trails may play a role in mitigating the effects of climate change by managing stormwater, creating fuel breaks and routes for both emergency access and public evacuation, and providing transportation alternatives.

TRAILS AS RESILIENT INFRASTRUCTURE



Pails and Resilienc he Role of Trails in Climate Resilien nd Emergency Resp



U.S. Department of Transportatio

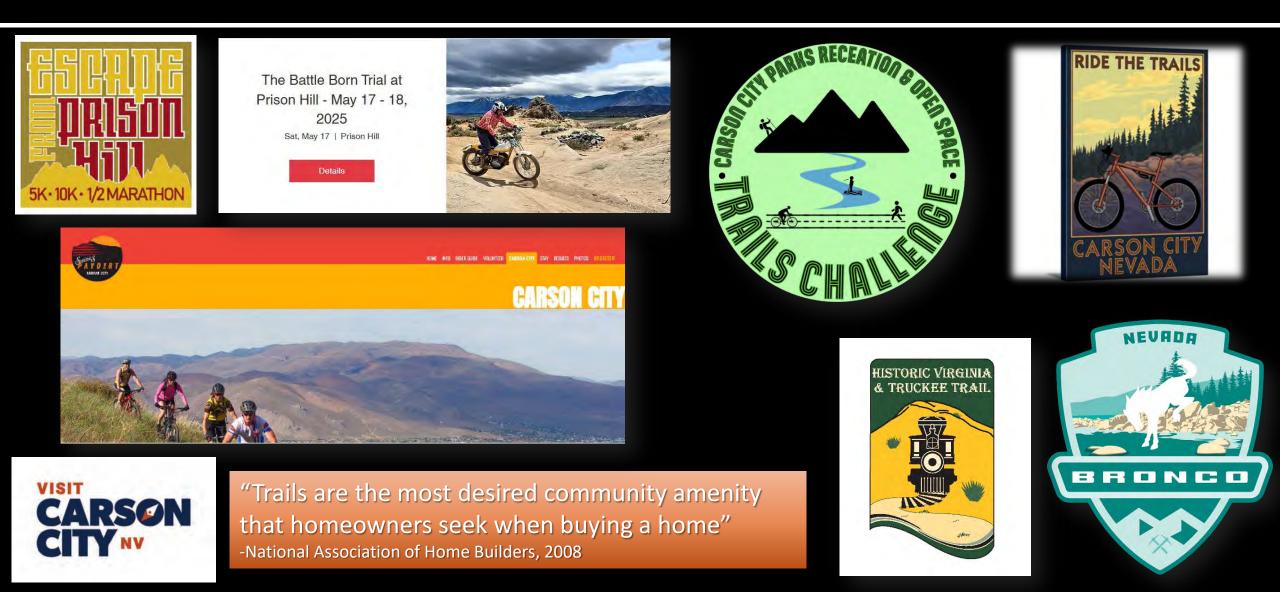


Emergency access and fuel break



### Trails Promote Economic Vitality

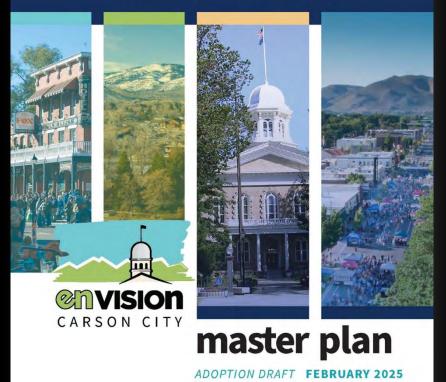




### Our Residents Request Trails!



**CARSON CITY** N E V A D A



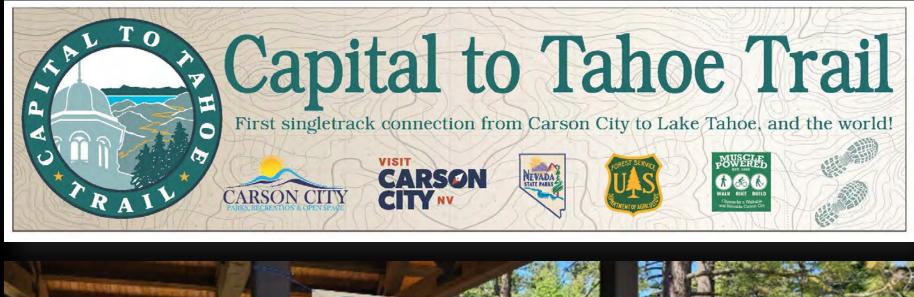
### 2025 Master Plan Update

During listening sessions, residents told us:

- Access to outdoor recreation (parks, trails, open space/public lands) was one of four favorite things about Carson City.
- They want more open space and trails.

The Draft Master Plan Update includes these "Guiding Principles":
➢ Access to Open Lands and Recreational Opportunities.

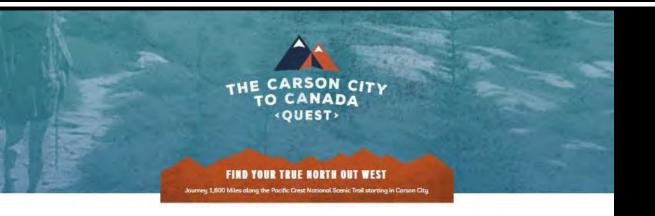
A Connected Community.





- CARSON CITY PARKS, RECREATION & OPEN SPACE
- Eight-year effort, led by Muscle Powered.
- NEPA and Cultural Resource surveys funded by Visit Carson City.
- Construction funded by a RTP grant with match from the Quality-of-Life Initiative and supported by volunteer trail builders from Muscle Powered.
- Completed October 2023.
- First singletrack connection from Carson City to Lake Tahoe, making possible a journey to Mexico or Canada!





1,600 MILES *Visit Carson City* launched the *"Carson City to Canada Quest"* in March 2023.

Goal: Inspire people to get on the trails.

Community was wildly excited!

Low Investment – Huge Returns.

No paid advertising.

THE JOURNEY OF A LIFETIME

#### CARSON CITY, NEVADA IS WHERE THE ADVENTURE BEGINS

This one static image on Meta ran June 10 to November 17, 2024.

- Impressions: 213,684
- Clicks: 3,081
- Engagements: 3,396
- Website visits: 2,833

Overall, it generated very high response from target audience at very low cost.

A Visit Carson City survey indicated that 'Outdoor Recreation' was the purpose for 25% of visitors to Carson City.



Visit Carson City

•• X

Challenge yourself with the Cap to Tahoe trail, a 16-mile adventure that starts at the Capitol Building & ends in Lake Tahoe.



A New Place to Roam Explore Carson City.

Learn more



CARSON

**Carson City to** Canada Ouest

**Campaign Summary** 

Our goal in launching the Carson City to Canada Quest campaign was to highlight Carson City as a must-visit outdoor destination while raising awareness about Carson City's close proximity to Lake Tahoe and the sheer variety of amazing trails.

The Carson City to Canada Quest was announced on March 6, 2024 and by the end of the month, 83 applications were submitted by eager outdoor enthusiasts looking to participate in this one-of-a-kind experience.

We look forward to continuing to leverage the momentum of this campaign in the months ahead

#### **PR Results**

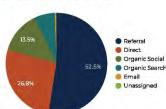
Media Placements Tier 1 Media Placements 121 43

#### Website Results

Landing Page Views Carson to Canada Applications 9.074 360

Total Pageviews Video Views 9,357 254

#### Landing Page Views by Channel



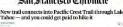


Mar 1, 2024 - Mar 31, 2024

Apply now

Nevada Offers Travelers \$5,000 to Hike the Pacific Crest Trail







#### The PR generated more than 120 news stories, including:

- KCRA Radio, Sacramento
- Los Angeles Times
- San Francisco Chronicle
- Outside
- Backpacker
- Yahoo
- Several international travel publications

Over 360 people from around the world applied for the Quest.

According to Visit Carson City, Tourism Economics estimates that in 2023, visitors to Carson City spent almost \$46 million on recreation.

\$5,000 TO TAKE A Los Angeles Times The challenge: Trek from Carson City to Canada, You could make \$5,000 Fancy getting paid \$5,000 to hike 1,600 miles a

### Open Space & Trails Make for a Quality Life!





#### Thank you!

Lyndsey Boyer Iboyer@carson.org

Gregg Berggren gberggren@carson.org

